

Cognitive Behavioural Therapy (CBT) Practitioner Programme: Course Progression

All courses are open access, with entry to each level of the programme individually assessed based on Accredited Prior Experience and Learning (APEL).

Vocationally Related Qualifications (VRQs) will be awarded where relevant by ABC Awards and accredited into the National Qualifications Framework (NQF) by the Qualifications & Curriculum Authority (QCA) and formally supported by the Employment National Training Organisation (ENTO).



Level 5

Post-Diploma Certificate
in High Intensity CBT Applications
60 Guided Learning Hours



Level 4

Diploma in the Theory & Practice of Counselling (CBT)
420 Guided Learning Hours



Level 3

Certificate in Counselling Skills (CBT)
150 Guided Learning Hours



Level 2

Certificate in Counselling Concepts (CBT)
30 Guided Learning Hours



Level 1

Certificate in CBT Awareness

10 Guided Learning Hours including Self Study Workbook



For more details
call the training
department at
Clarity on
01242 224120